

Program Objective

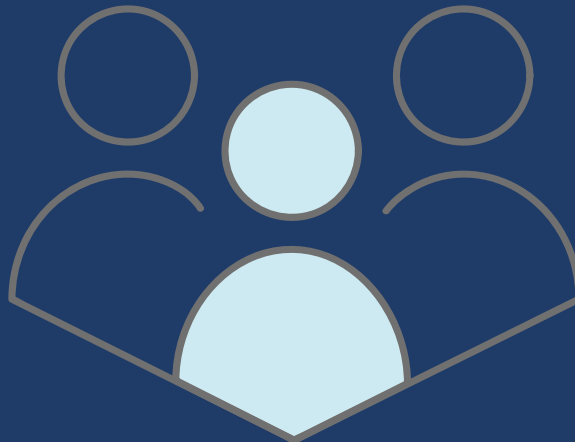
The focus of the Strive Program is to build on strengthening the family unit, with the help of therapeutic interventions. We aim to improve the child/youth well-being while preserving relationships that may assist in reducing family conflict

Goals

With help from the Strive Team parents will learn to utilize necessary strategies aimed at improving family functioning

Building Stronger Foundations

Creative programming will help establish a healthier foundation for children and youth to better understand themselves and the impact they are having on the world around them



Strive Program

The Strive program is a home and community-based family support program designed to work with families and children/youth



Laurencrest
Youth Services

Program Layout

The program involves 4 phases;

- Introduction & assessment
- Skills building
- Individualized sessions
- Strength phase

Length of Services

Determined on a case-by-case basis

Disclaimer

The Strive Program does not provide assessments for the purpose of diagnosing mental illness or other related health concerns. If it is determined Family Therapy is required, with the permission of the family, Strive staff will facilitate a referral to an appropriate community resource



Our Team



The Strive Program Team consists of an Intensive Service Clinician and a Family Mental Health Support Worker. The program is a collaborative initiative between Laurencrest, the Cornwall Community Hospital and L'équipe psycho-sociale